HeartMate 3™ LVAD Patient Journey

Getting started

1. VAD consult
2. Learn about the VAD and meet your care team
3. VAD surgery
4. Start blood thinning medicines and work toward goal level
5. Remove the breathing tube
6. Get out of bed and get stronger
7. Transition out of ICU to step down care*
8. Learn about your VAD equipment
9. Device training: getting ready for school/work*
10. Learn your medicines
11. Learn how to measure blood pressure with a Doppler*
12. Packing a “go bag”
13. Pick up prescriptions and fill pill box
14. Practice VAD self-care and hygiene
15. Home assessment*
16. Caregivers demonstrate competencies
17. Local EMS/fire/utilities contacted to update info*
18. Home therapies and nursing arranged*
19. Follow-ups scheduled (lab, rehab, clinic)*
20. Patient and family are ready — transition out of the hospital*
21. Life outside hospital*
22. Back to school/work*
23. Enjoy life as your journey continues

A lot to learn

Almost there

Big adjustment

Big adjustment — transition out of the hospital again

*All patients are unique and may not follow the path exactly as shown. Some steps will need to be determined by your care team and/or some may not apply.