

Progression Tracker

Dystrophinopathies (Duchenne, Becker, & Carriers)

Dystrophinopathies can lead to heart muscle damage. Dystrophinopathies are a group of diseases caused by changes in the dystrophin gene, such as Duchenne muscular dystrophy (DMD) and Becker muscular dystrophy (BMD), that may lead to muscle weakness. They also may apply to female carriers who develop muscle weakness.

Heart muscle damage due to dystrophinopathies can cause the heart muscle to scar; scarring can weaken the heart muscle and make it harder for the heart to function over time. Scarring of the heart can also lead to changes in the electrical signals in the heart, what we call the heart rhythm.

Every person's heart progresses differently after scarring appears. It is important to have your heart checked regularly so you understand how the dystrophinopathy is affecting your heart and make sure you are getting the appropriate treatments.

Talk to your care team about YOUR heart testing and what treatments are right for YOU.

Fibrosis

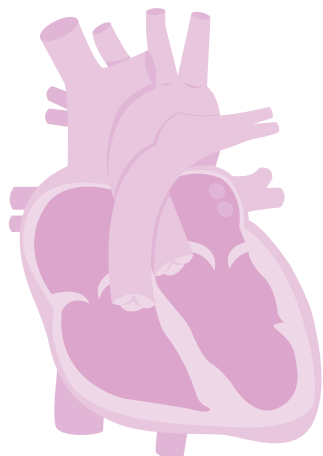
Fibrosis is scarring of the heart muscle tissue. Fibrosis can cause the heart to not work well and can lead to heart rhythm problems.

Do you have fibrosis?

Yes No

Where is your Fibrosis?

Mark on heart diagram below.



MEDICINES

Current Therapies

Potential Therapies

Ejection Fraction

Ejection fraction (EF) is one way to check and track how the heart is working. It is a measure of the percentage of blood the heart pumps out to the rest of the body in a beat.

Date

___/___/___

Heart Function Level (circle):

normal decreased severely decreased

EF% _____ MRI ECHO

Date

___/___/___

Heart Function Level (circle):

normal decreased severely decreased

EF% _____ MRI ECHO

Date

___/___/___

Heart Function Level (circle):

normal decreased severely decreased

EF% _____ MRI ECHO

MEDICINES

Current Therapies

Potential Therapies

Heart Rhythm

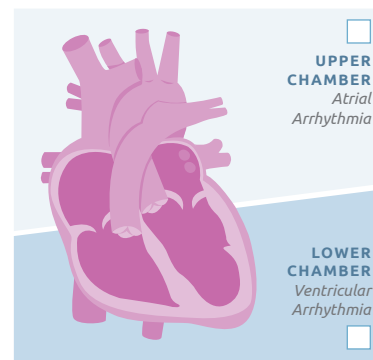
Heart rhythm is the heart's electrical signal, or heartbeat. An arrhythmia, or irregular heart rhythm, occurs when the electrical signals are not normal.

Do you have an arrhythmia?

Yes No

Where is your arrhythmia?

Check box on heart diagram below.



My arrhythmia is/are:

MEDICINES

Current Therapies

Potential Therapies